

Food Conference

Information for participants



Accommodations in Perugia

Perugia offers a wide range of hotels; we've highlighted a few near the Institute across different price ranges. We also recommend checking Airbnb for apartments available in the historic center.

Locanda della Posta - Corso Vannucci, 97

+39 075.572.8925; info@locandadellaposta.it

They offer a 10% discount on the price published on their website, by providing the booking code **UMBRA INSTITUTE FOOD CONFERENCE**.

Times - Via Sant'Ercolano n. 38

+39 340 27 92973; info@timesperugia.it

They offer a 10% discount on the price published on their website, by providing the booking code **UMBRA INSTITUTE FOOD CONFERENCE**.

Primavera Mini Hotel - Via Vincioli, 8

+39 075.572.1657; info@primaveraminihotel.it

Hotel Priori Secret Garden - Via Vermiglioli 3

+39 075.573.2524; info@priorisecretgarden.it

They offer a 15% discount on the price published on their website, by providing the booking code **FOOD CONFERENCE** when booking the room online (insert the code during the payment phase).

Hotel Giò Wine e Jazz Area - Via Ruggero D'Andreotto, 19

+39 075.573.1100; reception@hotelgio.it

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Perugia Plaza Hotel - Via Palermo, 88

+39 075.34.643; perugiaplaza@umbriahotels.com

Hotel San Gallo - Via L. Masi, 9

+39 075 573 02 02; hotel@sangallo.it

They offer a 10% discount on the rate listed on [booking.com](https://www.booking.com) for the same dates, subject to availability by referring to **The Umbra Institute** and **the Food Conference 26**.

Little Italy Hostel - Via della Nespola 1

+39 075.9661997; info@littleitalyhostel.it

HOSTEL (each room has a private bathroom):

Shared mixed room for 12 people – €37/each; Women's room for 8 people – €42/each; Double room – €89; Family room – €115

ROOM RENTAL: Double room with private bathroom – €97;

Twin room with shared bathroom – €49/each

They also serve a buffet breakfast for €6/each per day.



How to get to Perugia

Perugia is the capital of the Umbria region in central Italy. Below you will find various options for reaching the city.

BY PLANE

The nearest airports to Perugia are:

- **Aeroporto Internazionale dell'Umbria "S. Francesco"** (PEG) which is linked to the Perugia City Center with the Airlink Bus (30 min. ride).
- **Rome Fiumicino** (FCO): linked to Perugia with the train or with Sulga bus (Departure "Fiumicino Aeroporto Terminal T3" to "Perugia P.zza Partigiani")
- **Rome Ciampino** (CIA)
- **Florence Airport "Amerigo Vespucci"** (FLR)
- **Pisa International Airport** (PSA)

BY TRAIN

Check the Italian National Railway system Trenitalia.

The main trainstation in Perugia is called "Perugia" (locals usually call it Fontivegge).

BY BUS

- Sulga: it's a local bus company that connects Fiumicino Airport (Fiumicino Aeroporto T3) to Perugia (Piazza Partigiani)
- Flixbus

Once in Perugia

These are the main means of transportation that you can use once in Perugia.

MINIMETRÒ - YOUR QUICK RIDE INTO PERUGIA



The Minimetrò is an elevated public transportation system that many newcomers find extremely helpful when they first arrive in Perugia. It features a single-line, dual-rail track with small cabins running in both directions every few minutes. It conveniently connects key points in the city – including the Perugia train station (Fontivegge) and the historic city center (Pincetto).

Hours of Operation

Mon–Sat: 7:00 AM – 9:05 PM

Sun: 9:00 AM – 8:45 PM

For full information and updates, visit the official [website](#)

CITY BUS

The easier way to know what bus to take is consulting Google Maps.

TAXIS

Perugia Radio Taxi is the local taxi company (in Italy every city has its taxi company). You can book a taxi by:

- Calling Perugia Radio Taxi (they speak english) - +39 075 500 48 88
- Via the [Intaxi app](#)

Useful resources

Umbria Railway Map



Where is the Umbra Institute?

How to find the Institute without getting lost in Perugia's hidden passages.

The Umbra Institute is located in Piazza IV Novembre, 23, 06123 Perugia.



1. You are in Piazza IV Novembre, the fountain is in front of you. Look Left and spot this gate.



2. You recognize the gate by a gelateria on its left and a bookshop on its right.



3. Go through the door and go up the ramp.



4. At the top of the ramp, turn right and you will see the entrance to Umbra.